

ONE DAY AT A TIME

Psalm 90:12 So teach us to number our days
that we may get a heart of wisdom. ESV

Psalms 90:1-12



In the school of life (v. 12), we need to learn two important lessons:

- life is brief and passes swiftly (vv. 4-6), so make the most of it;
- and life is difficult and at times seems futile (vv. 7-11), but this is the only way to mature.

Were there no sin in the world, there would be no suffering and death

The school of life is preparation for an eternity with God, and without Him, we cannot learn our lessons, pass our tests, and make progress from kindergarten to graduate school!

God dwells in eternity and is not limited by time. **Isaiah 57:15**

2 Peter 3:8-10

Moses reflection on Israel's sad experience.

- God is "slow to anger" Exodus 34:6
- God saw what Israel did and God knew what Israel intended to do!
- We don't like to think about the wrath of God, but every obituary in the newspaper is a reminder that "the wages of sin is death" (Romans 6:23).
- We number our years, not our days, but all of us have to live a day at a time, and we do not know how many days we have left.
- In the school of life, those students learn the most who realize that the dismissal bell rings when they least expect it!
- (from The Bible Exposition Commentary: Old Testament © 2001-2004 by Warren W. Wiersbe. All rights reserved.)

One Day at A Time

We miss or misunderstand the directive or meaning!

- What is a day?
- The Bible and the expressions!
- What was the expiration time on mana? **Exodus 16**
- When are His mercies new? **Lamentations 3:23**
- When are we to rejoice in the Lord? **Psalms 118:24**
- What about the deadline on anger? **Ephesians 4:26-27**
- How often are we to take up our cross and follow him? **Luke 9:23**

The Twenty-Four Hour Rule!

- LIVE IN DAY-TIGHT COMPARTMENTS.
- The average person spends 46.9 percent of their time thinking about something other than what they're doing in the present moment.
- We are HALF PRESENT, HALF THE TIME, which means we're HALF ALIVE. The only way to be FULLY ALIVE is to be FULLY PRESENT, and the only way to be FULLY PRESENT is to, you guessed it, live in day-tight compartments.
- Emmitt Smith

The Twenty-Four-hour rule could actually be seen as the centerpiece of the one of the most famous prayers of all time:

- **Matthew 6:9-13** Pray then like this: "Our Father in heaven, hallowed be your name. 10 Your kingdom come, your will be done, on earth as it is in heaven. 11 Give us this day our daily bread, 12 and forgive us our debts, as we also have forgiven our debtors. 13 and lead us not into temptation but deliver us from evil. ESV
 - Jesus prayed past tense: "forgive us our debts as we also have forgiven our debtors."
 - Jesus prayed future tense: "lead us not into temptation but deliver us from evil."
 - Finally, Jesus prayed present tense: "Give us this day our daily bread."



This is not just a good idea.

This is a God ordained principle.

- Give us this day our DAILY BREAD.
- Take up your cross DAILY.
- This is THE DAY that the Lord has made, rejoice and be glad in it.
- His mercies are new EVERY MORNING.
- Don't let the SUN GO DOWN on your anger.
- Don't worry about TOMORROW. (Matthew 6:25-34)

Yesterday is history.

Tomorrow is a mystery.

Our job is to *Win the Day*,
today, this day!

That's it.



